

Active Team Leader Program Overview



What you'll get

Practical management skills required to get the best from your front line team.

Outcomes

Managers will become more:

- Efficient with their time
- Effective with their people
- Proactive in their role

Leaders will get:

- 5+ hours back every week
- Focus on strategic initiatives for growth

Organizations will:

- Increase employee retention and engagement
- Boost productivity and performance
- Improve leadership skills and capability

Time commitment

Learner: 2 hours per month.

Leader coach: 1 hour, plus 15 minutes per learner per month.

Duration

6 months.

Who it's for

Team leaders, Supervisors, Front line managers.





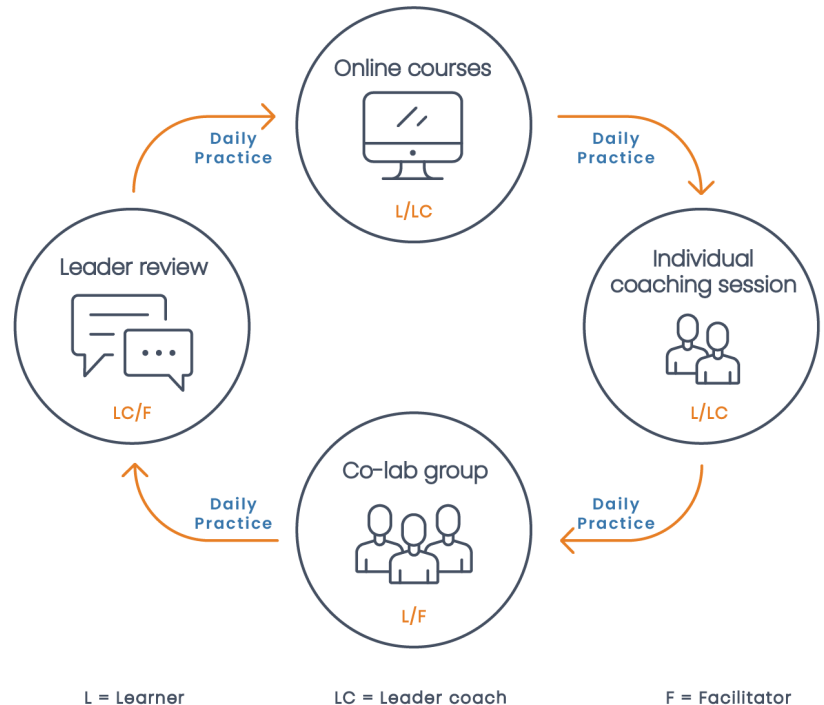
Make learning stick



Watch the Active Learning System animation > tbco.at/als

“The biggest benefit is that our people aren’t on autopilot anymore: they’re suddenly starting to think about what they’re doing, why they’re doing it, and how they’re doing it.”

– Gary Gordon,
Managing Director



Develop their skills through daily practice in their jobs over 6 months.

Online learning (20 to 30 minutes)

Learners start by doing a self-paced short course made up of conversational videos and a workbook. They choose a skill to practice immediately, applying learning in their daily work.

Individual coaching sessions (15 minutes)

Learners meet with their Leader Coach, usually their manager, for a coaching session. They discuss learning and progress, making it relevant to their job.

Co-lab group (60 minutes)

Learners meet with 5 to 7 colleagues and our trained facilitator to share their learning and practices. They support and challenge each other, deepening the learning.

Leader review (15 to 30 minutes)

Leader coaches meet with the facilitator to review learner's progress and get feedback on their coaching, creating great alignment.

Active Coach Playbook (20 to 30 minutes)

Companion program for leader coaches to summarize content and provide prompts for better coaching.



Our Breakthrough approach takes your managers to the next level.
And they don't go ever go back.

What's covered



Active vs Reactive

Get insight into how you currently operate, understand how an Active Mindset can make you a lot more effective, and how to trigger the simple powerful practice of training your attention in your day.



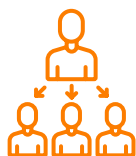
Manage Your Capacity

Create space to focus on high priority activities. Adopt new habits that will increase productivity and avoid burnout so you can make a bigger contribution.



Working With Your Team

Get a new way of thinking and managing your team, greater clarity among team members, and how your style interacts (or not) with others.



Clear Communication

Develop your communication skills, speaking clearly and listening closely, so you can really amplify your contribution - colleagues will understand you better and feel heard..



Difficult Conversations

Learn techniques for how to hold yourself in difficult conversations, and to make these conversations productive and constructive.



Active Delegation and Skill Building

Learn to delegate and build the capability of your team. You'll free yourself for higher value work and build a team of people who bring energy, skill and initiative to their work. You'll enable you and your team to do and be more.

**“Get your team
connected,
reduce stress
and improve
performance.”**

“I found this program to be particularly valuable to us because it took into account the time pressures that you normally face as a team leader.

Important lessons are broken down into bite size pieces that we can actually digest each month, and we’re keeping our minds focused on how the business is running. Brilliant.”

– Dane Bonnici, COO



Get to know us

The Breakthrough Co helps you create a more human workplace through management training that sticks.

We deliver our programs through a network of Breakthrough-certified [partners](#).

thebreakthrough.co
hello@thebreakthrough.co

Get in touch

Management training that sticks.